



Hasland Infant & Nursery School

Sun Safe Policy

Reviewed By	Fiona Oliver
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SUN SAFE POLICY

At Hasland Infant and Nursery School we want staff and pupils to enjoy the sun safely. We will work with staff, pupils, parents and carers to achieve this and encourage staff and parents to be good role models by practicing sun safety.

EDUCATION

All pupils will receive at least one 'Sun Smart' lesson per year and sun safety is promoted as part of our summer curriculum.

We will talk about how to be Sun Smart in assemblies at the start of the Spring and Summer Term.

Parents and Carers will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

PROTECTION

Shade

Children will be encouraged to spend time in the shaded areas in the playground, especially during lunchtime play during the summer months.

We will continue to look at additional shaded areas.

Canopies have been erected to create shade in the Foundation Stage and Nursery play areas as well as the main playground.

Consideration will be taken to ensuring sun safety in any plans for developing or updating school buildings or grounds and as a maintenance issue.

Timetabling/Events

Wherever possible school events will be scheduled to take place outside the hours when the sun's rays are most harmful.

Outdoor events may be postponed or cancelled if the weather is exceptionally hot.

Similarly, children may be kept inside or in shaded areas during playtimes and lunchtimes if the weather is exceptionally hot.

Children in the Foundation Stage will be discouraged from spending long periods of time in the Foundation Stage outside area and whenever possible will be encouraged to stay in the shade.

When planning outdoor events during the summer months, risk assessments will be carried out to ensure that adequate control measures are in place to reduce the risk of damage from the sun.

Clothing

All children will be encouraged to wear a sun hat during playtimes when the weather is hot. Parents/Carers will be reminded of the importance of children bringing a sun hat to school during the summer months at the start of every Summer Term.

Parents/Carers will be reminded on the need for children to wear loose cool clothing that covers as much skin as possible.

Sunscreen

Sun screen should never be used to prolong the amount of time spent in the sun, but as a form of protection when other measures are unavailable or when additional protection is required. High factor, 12 hour Sun screen use will be encouraged during the Summer Term.

We **will not** apply sun cream, but encourage parents/carers to do so before their child leaves home to come to school. Sunscreen should not be sent to school.

Water

Water is always readily available to pupils. Children will be actively encouraged to drink water at regular intervals during hot weather to prevent dehydration.

FIRST AID

Any child suspected of suffering from sunburn or heat exhaustion will be taken indoors to a cool place and a message will be sent to the office to contact the child's parents/carers.

Sunburn

Children will be given plenty of fluid and the affected area cooled with cold water.

Heat Exhaustion

This is caused by exertion in and over exposure to high temperatures. Heat exhaustion is accompanied by dizziness, headaches and muscular cramps in the lower limbs. If a child is suspected of suffering from heat exhaustion, his/her parents/carers will be contacted immediately. Meanwhile the child will be laid down in a cool area and offered sips of cold water. If the condition worsens, medical assistance will be sought.

Heat Stroke

Signs include dizziness, nausea and flu-like symptoms. If a child is suspected of suffering from heat stroke his/her parents/carers will be contacted immediately. It is important to reduce the child's temperature by taking them to a cool place, removing outer clothing, and putting them in a sitting position with the head and shoulders supported. Again if symptoms persist and the child's condition deteriorates medical assistance will be sought.

MANAGEMENT ARRANGEMENTS

The Headteacher will be responsible for ensuring that all children, parents, carers, staff and Governors are aware of school procedures with regard to sun safety. Parents/Carers will be reminded of the school's sun safety policy and how they can support the implementation of the procedures on an annual basis and the full policy will be available on request from the school office. The Headteacher in conjunction with the school Health and Safety Officer will be responsible for ensuring that appropriate risk assessments are carried out for all outdoor events and activities in the summer months and apply appropriate measures to reduce the risks of damage from over exposure to the sun.

The Cancer Research UK Sun Smart prevention messages are:

Stay in the shade 11-3

Make sure you never burn

Always cover up – wear a t-shirt, hat and wraparound sunglasses

Remember children burn more easily

Then use factor 15+ sunscreen.

Hasland Infant School is committed to safeguarding and promoting the welfare of children.