

Hi, I'm Mrs Thompson and I lead the Nurture group, called the Resilient Robins. I have received specialist training to deliver the Nurture Programme in School. I can't wait to get to know your children and be part of this exciting adventure with them.



What is a Nurture group?

A Nurture group is a small group intervention, for 6 children. It is a 10week programme which aims to support children's development of their social, emotional, behavioural needs. This could include developing their self regulation, resilience, confidence, growth-mindset, cognition and many other areas.

The group is designed to bridge the gap between home and school, helping children to feel safe, understood and ready to learn.



How will Nurture, help my child?

In the Nurture group, your child will have the chance to build a warm, positive relationship with myself and other children. These close connections will help them to feel safe and valued, while gently encouraging skills like resilience, sharing, taking turns and confidence.

The group follows a similar routine each day. It includes Independent tasks as well as peer and collaborative opportunities.

The principles of Nurture are built into the delivery of the intervention. We aim for all children to be able to thrive in different situations and develop essential life skills.

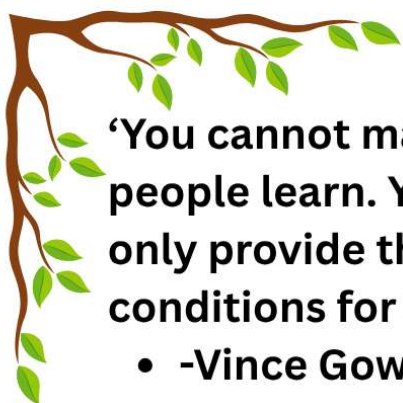


When will my child be in Nurture?

Nurture sessions take place three afternoons a week, Wednesday, Thursday and Friday. The groups are carefully organised and will include children from different classes, helping to create a balanced and supportive environment.

Why has my child been chosen?

Every child is unique and develops skills in their own time and way. Sometimes children just need a little support with certain things and that's completely normal. As a team we discuss which children would benefit from what Nurture offers. Your child can build confidence, develop new skills and enjoy some time in different calm environment, designed to help them to feel happy, secure and ready to thrive in school.



‘You cannot make people learn. You can only provide the right conditions for learning’

• **-Vince Gowman-**



We hope you find this leaflet helpful in answering some of your questions you may have about our Nurture group. It is designed to give you a little insight into what Nurture is and how it can support your child.

Can I find out how my child is getting on?

If you would like to know more about your child’s time in Nurture, or have any questions, please don’t hesitate to speak to me at drop offs on the playground or contact me via email r.thompson@hasland-inf.derbyshire.sch.uk

My working days are
Wednesday, Thursday and
Friday 8.00am -3:30pm

We will also be holding a coffee morning, where you can come along for an informal chat and find out a little more about what we do. Details of this will be sent out nearer the time.

Resilient Robins Nurture Group The Nest



Parent Information Leaflet