

Relationship Education and RSE

Intent

At Hasland Infant School we strongly believe that every child in our school can achieve their goals, both academic and personal and that good relationships are central to well-being. Our Relationship education aims to support children to understand the key elements needed for healthy, respectful relationships. These focus on family and friendships, both on and offline and supports our teaching about being physically and mentally healthy.

Our teaching aims to give children the knowledge and skills to take care of themselves and seek support if problems arise. It offers children the opportunity to support their own and others' well-being by giving them opportunities to become confident, reasoned decision makers when facing risks and challenges and encourages them to become successful and happy adults who will make a meaningful contribution to society.

This policy is available to parents via the school website.

At Hasland Infant School we will support and help children to improve the virtues of:

- fairness
- tolerance
- respect
- equality
- inclusion
- kindness
- generosity
- honesty
- resilience

Legal requirements

Relationship education has been made compulsory in all primary schools in England to enable children to know how to be safe and healthy and how to manage their academic, personal and social lives in a positive way. Parents/guardians **do not** have the right to withdraw children from relationship education. They **do** have the right to withdraw children from sex education, apart from those lessons that are included in the statutory National Curriculum Science. This consists of learning to 'identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense'.

Implementation

At Hasland Infant School, we deliver age appropriate relationships and sex education as an integrated part of our PSHE programme (See PSHE policy). The DfE recognises 5 elements to Relationships and Health Education. These are:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Relationships & Sex Education will be taught mainly in PSHE lessons but in other areas when relevant opportunities arise to reinforce messages. We enhance planning and teaching with the 'PSHE Matters' curriculum. Lessons are active and creative including discussions, circle-time activities, investigations and problem-solving activities. We ensure that relationship education is accessible for all pupils and that teaching is sensitive, age appropriate and delivered with reference to the law.

Relationship education is sometimes introduced through other subjects, for example, when teaching dance in PE, we use movement to explore different emotions and look at different ways they might be able to deal with those emotions, linking it to their mental wellbeing.

Year groups plan together on a weekly basis to ensure parity across classes. Medium Term planning is based on the Derbyshire 'PSHE Matters' PSHE curriculum. The class teacher is responsible for planning individual lessons and lists the specific learning objectives for that lesson.

Nursery and Reception

"Making Relationships" is one of the 17 strands which form the Early Year's Foundation Stage Curriculum and forms an integral part of PSHE and topic work covered during the year. Our teaching aims to support the development of a child's personal, emotional and social development as set out in the curriculum. We do this within a child centred curriculum, using events and situations children may be facing alongside stories, pictures and objects.

For the main part this is taught through Circle Time, discussion, questioning and the exploration of ideas.

Key Stage 1

The topics are planned on a two-year cycle and relationship education is linked to each part. This ensures coverage for every child throughout Key Stage 1. All children will be taught relationship education by their classroom teacher in conjunction with the PSHE curriculum.

Specific topics covered are:

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|----------------------------|---------------------|
| • Being Safe | • Being Responsible |
| • Money Matters | • Bullying Matters |
| • Being Healthy | • Drug Education |
| • Difference and Diversity | • Being me |
| • Exploring Emotions | • Changes |
| • Relationships | • Growing Up |

Children in Key Stage One learn about:

- what makes them special and unique
- the people who love and care for them and what they do to help them feel cared for
- different types of families, including those that may be different to their own
- that it is important to tell someone if something about their family makes them unhappy or worried.
- about how people make friends and what makes a good friendship
- simple strategies to resolve arguments between friends, positively
- staying safe online
- how to report bullying and the importance of telling a trusted adult

- different emotions and how to cope with them
- how to prepare for a move to a new school
- gender stereotypes
- that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.
- the names of the main parts of the body, including external genitalia (penis and vagina).

Inclusion and SEND

We are an inclusive school where we focus on the wellbeing and progress of every child. All our children share an entitlement to a high quality Relationships Education and RSE which is delivered in a vibrant and creative way. We recognise the fact that we have children of differing educational needs, disabilities, special gifts and talents, and those learning English as an additional language in our school.

We teach Relationship Education to all children, and promote the needs and interests of all pupils' irrespective of gender, culture, ability or aptitude.

Some children have social and emotional needs and require additional special support, particularly if faced with traumatic life events. These children will have an opportunity to visit our 'Magic Room' or attend social groups with a trained adult to support them and the development of their mental wellbeing.

Links with the community

In PSHE we offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local community, whom we invite into the school to talk about their role in mental and physical wellbeing and meaningful contributions to society.

The role of the subject leader

The PSHE and Relationship Education subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and relationship education, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

Impact

All children in Hasland Infant school will have the opportunity to learn to understand the importance of mental and physical wellbeing. They should be able to talk about how to keep themselves and others safe. They will know that not all families are the same and will have the opportunity to learn how to form healthy, respectful relationships, focusing on family and friendship.

The full impact of our RSE delivery is externally measured by our participation in the BERT (Building Effective Relationships Together). This is an award programme that assesses our provision in line with statutory requirements and the OFSTED framework. Hasland Infant School currently holds the Bronze Award and is working towards the Silver Award.